NON-SMALL CELL LUNG CANCER FACT SHEET

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NON-SMALL CELL LUNG CANCER (NSCLC)

KEY STATISTICS^{1,2}

- Lung cancer is the second most common type of cancer in the United States.
- The two main types of lung cancer are non-small cell lung cancer (NSCLC) and small cell lung cancer (SCLC).

-~85% lung cancers are NSCLC

In 2020, it is estimated that there will be:

- 228,820 new cases of lung and bronchus cancer in the United States, accounting for 12.7% of all new cancers.
- 135,720 deaths due to lung and bronchus cancer, accounting for 22.4% of all cancer deaths in the United States.

In 2020 it is estimated there will be **228,820** new cases of lung and bronchus cancer and **135,720** estimated deaths.

Who Is Most Likely to Get Lung and Bronchus Cancer?

- Lung and bronchus cancer is more common in men than women, particularly African American men.¹
- The majority of new cases are diagnosed between 65 and 74 years of age.^{1,a}

^aBased on data for 2013-2017 from the NIH Surveillance Epidemiology and End Results Program (SEER) 21.





LUNG CANCER SURVIVAL¹

- Lung cancer is the leading cause of cancer death in the United States.
- The 5-year relative survival between 2010 and 2016 for people diagnosed with lung cancer was 20.5%.
- The majority of cases (57%) are diagnosed after the disease has distantly spread (metastasized).
- Survival is poor among people diagnosed with metastatic disease.

KEY ANATOMY AND PHYSIOLOGY





Macroscopic Anatomy³

- The lungs are two sponge-like organs located within the thoracic cavity and protected by the rib cage. The lungs are part of the respiratory system, whose primary function is to take in oxygen from the atmosphere and eliminate carbon dioxide that is released by the body's cells as they perform their metabolic functions.
- The lungs are separated from each other by the heart and other structures of the mediastinum (not shown), which divides the thoracic cavity into two anatomically distinct chambers.
- Each lung is surrounded by a thin, two-layered membrane called the pleura. Between the two layers is a small, fluid-filled space called the pleural cavity.
- The right lung has three sections, or lobes. The left lung, which has two lobes, is slightly smaller than the right to allow room for the heart.

Macroscopic and Microscopic Airways^{3,4}

- When a person inhales air, it travels through the trachea (windpipe), and reaches the lungs through a series of extensively branching airways.
- The trachea divides into passageways called bronchi, which enter the lungs and divide into smaller bronchi. These divide to form smaller branches called bronchioles. Bronchioles in turn subdivide into alveolar ducts, which end in tiny alveolar sacs composed of alveoli.
- Alveoli are surrounded by tiny blood vessels called capillaries; gas exchange between the air and blood occurs across the alveolar and capillary walls.
- The types of cells that comprise the respiratory epithelial lining varies depending on their location. This is an important point because the different histologic subtypes of NSCLC are largely based on their site of origin.



LUNG CANCER RISK FACTORS

 Smoking is the leading cause of lung cancer, accounting for approximately 80% of cases.^{1,2}

Risk Factors for Lung Cancer Include³

- Smoking (primary risk factor)
- Exposure to secondhand smoke
- Increasing age
- Occupational exposure to asbestos and other agents
- Radiation exposure

- Air pollution
- Family history of lung cancer
- Human immunodeficiency virus (HIV) infection
- Beta carotene supplements in heavy smokers

LUNG CANCER SCREENING⁵

- Screening with a low-dose computed tomography (LDCT) scan is recommended for people with a higher risk of getting lung cancer.
- The National Comprehensive Cancer Network (NCCN) Screening Guidelines identify two high risk groups:

Group 1

- Age 55 to 77 years **and**
- ≥30 pack-year smoking history **and**
- Smoking cessation <15 years

Group 2

- Age ≥50 years **and**
- ≥20 pack-year smoking history **and**
- Additional risk factors (other than secondhand smoke exposure) that increase the risk of lung cancer to ≥1.3%



What is a Pack-Year?

A pack-year of smoking history is defined as the number of packs of cigarettes smoked every day multiplied by the number of years of smoking. For example, a person could have a 30 pack-year history by smoking one pack per day for 30 years or two packs per day for 15 years.



DIAGNOSIS OF NSCLC

• NSCLC symptoms may result from the location of the primary tumor, compression of structures adjacent to the lung, or from distant metastases.⁴

Symptoms of NSCLC Include^{4,6}

 Cough is the most common symptom, occurring in 50% to 75% of patients

Hemoptysis (coughing up blood)

- Malaise
- Dyspnea

Weight loss

• Chest pain

- Hoarseness
- Diagnostic Methods
- Tumor biopsy is needed to confirm diagnosis, determine histologic subtype and staging, and identify molecular features of the tumor that help to guide treatment strategy.⁵

Initial Diagnostic Evaluation Typically Includes4:	Additional Testing Options ⁷ :
Patient history	 Sputum cytology
 Physical examination 	 Magnetic resonance imaging(MRI)
 Laboratory testing 	 Positron emission tomography
Chest x-ray	(PET) scan
Chest CT	Bone scan

Possible Biopsy Methods⁸:

- Bronchoscopy with biopsy and transbronchial needle aspiration (TBNA)
- Image-guided transthoracic needle biopsy or fine needle aspiration (FNA)
- Thoracentesis
- Mediastinoscopy
- Open surgical biopsy
- Endobronchial ultrasound (EBUS)



DIAGNOSIS OF NSCLC (cont.)

Staging

- The American Joint Committee on Cancer (AJCC) TNM (tumor, node, metastasis) classification system is used to stage NSCLC.
- TNM stages for NSCLC range from 0 to IV, with IV being the most advanced, described below.

TNM Stage IV NSCLC ⁸		
IV	 Presence of distant metastasis Any T (i.e., size), any N (i.e., may or may not affect nearby lymph node), M1a^a and M1b^b for IVA, M1c for IVB^c AND 	
IVA	 Cancer has spread to the opposite lung (i.e., contralateral lobe) Nodules (cancer cells) are present in the pleura or membrane surrounding the heart, which is called the pericardium Cancer cells are present in pleural or pericardial fluid OR Single metastasis outside the lung, to a distant lymph node or organ Any T, any N, any M1a^a and M1b^b 	
IVB	 Multiple metastases outside the lung Any T, any N, any M1c^c 	

^aM1a = Separate tumor nodule(s) in a contralateral lobe; tumor with pleural or pericardial nodules or malignant pleural or pericardial effusion. ^bM1b = Single extrathoracic metastasis in a single organ (including involvement of a single nonregional node).

°M1c = Multiple extrathoracic metastases in a single organ or in multiple organs.



TREATMENT OF NSCLC

Factors Affecting NSCLC Treatment Planning

Treatment options for patients with NSCLC are determined by histology (subtype), stage, and patient considerations.⁴

NSCLC Histologic Subtypes^{4,6,8}

- NSCLC arises within the epithelial cells that line lung structures.
- There are three main histological subtypes of NSCLC (see figure) that are primarily classified according to their site of origin; this reflects the variation in respiratory tract epithelium from the bronchi to the alveoli.
- Several other, less common subtypes and variants also exist; combinations of different types may occur within the same tumor.



Molecular Testing⁸

National Comprehensive Cancer Center (NCCN) guidelines recommend that all appropriate patients with metastatic NSCLC (mNSCLC) receive molecular testing to identify specific biomarkers that guide systemic treatment planning.

Predictive Biomarkers in NSCLC ⁸			
Genetic Alterations ^a	Protein Expression ^b		
 EGFR (epidermal growth factor receptor) gene mutations ALK (anaplastic lymphoma kinase) gene rearrangements ROS1 (ROS proto-oncogene 1) gene rearrangements BRAF (B-Raf proto-oncogene) point mutations NTRK (Neurotrophic tyrosine receptor kinase) gene fusions 	 PD-L1 (programmed death ligand 1) expression levels NOTE: PD-L1 expression levels are categorized as: PD-L1 negative PD-L1 ≥50% PD-L1 ≥1% to ≥49% 		
Patients with these biomarkers are more likely to benefit from treatment with targeted therapy or immunotherapy than from traditional chemotherapy regimens. ⁸	Targeted therapy: Treatment that targets specific types of cancer cells with less harm to normal cells. ⁹ Immunotherapy: Treatment with agents that stimulate or suppress the immune system. ⁹		

^aAppropriate for all patients with non-squamous mNSCLC and certain patients with squamous mNSCLC (e.g., never smokers). ^bAppropriate for all patients with mNSCLC, regardless of histology.



TREATMENT OF NSCLC (cont.)

Systemic Therapy for Advanced or Metastatic (Stage IV) NSCLC

- Over the past 20 years treatment has evolved because targeted therapy options are now available.²
- Platinum-based doublet chemotherapy had been the standard of care for patients with advanced NSCLC.²
- Now, many patients with advanced NSCLC receive first-line treatment with targeted therapies or immunotherapy.¹⁰

NCCN Guidelines for Choosing First-line Systemic Therapy for Patients With Metastatic NSCLC^{8,10}



^aPembrolizumab, an immune checkpoint inhibitor (ICI), is currently the only ICI FDA-approved for first-line monotherapy in patients with PD-L1 ≥1%.¹¹



NCCN RECOMMENDATIONS FOR FIRST-LINE TREATMENT OF ADVANCED OR METASTATIC DISEASE

Initial Targeted Therapy Options ⁸			
Genetic Alteration	Preferred	Other Recommended	Useful In Certain Circumstances
Sensitizing EGFR mutation positive	• Osimertinib	 Afatinib Erlotinib Dacomitinib Gefitinib Erlotinib + ramucirumab 	• Erlotinib + bevacizumabª (nsq)
ALK rearrangement positive	• Alectinib	BrigatinibCeritinib	• Crizotinib
ROS1 rearrangement positive	CrizotinibEntrectinib	• Ceritinib	
BRAF V600E mutation positive	• Dabrafenib + trametinib	DabrafenibVemurafenib	
NTRK gene fusion positive	LarotrectinibEntrectinib		
PD-L1 expression positive (≥1%-49%)	 (Carboplatin or cisplatin) + pemetrexed + pembrolizumab 	 Carboplatin + paclitaxel + bevacizumab^a + atezolizumab Carboplatin + albumin-bound paclitaxel + atezolizumab 	 Nivolumab + ipilimumab Pembrolizumab
PD-L1 expression positive (≥50%)	 Pembrolizumab (Carboplatin or cisplatin) + pemetrexed + pembrolizumab 	 Carboplatin + paclitaxel + bevacizumab^a + atezolizumab Carboplatin + albumin-bound paclitaxel + atezolizumab 	• Nivolumab + ipilimumab

^aAn FDA-approved biosimilar is an appropriate substitute for bevacizumab.



NCCN RECOMMENDATIONS FOR FIRST-LINE TREATMENT OF ADVANCED OR METASTATIC DISEASE (cont.)

Initial Systemic Therapy Options ^{8,a}				
	Non-squamous Cell Carcinoma	Squamous Cell Carcinoma		
No contraindications to PD-1 or PD-L1 inhibitors				
Preferred	 Pembrolizumab + (carboplatin or cisplatin) + pemetrexed 	 Pembrolizumab + carboplatin + (paclitaxel or albumin-bound paclitaxel) 		
Other recommended	 Atezolizumab + carboplatin + paclitaxel + bevacizumab Atezolizumab + carboplatin + albumin-bound paclitaxel Nivolumab + ipilimumab 	• Nivolumab + ipilimumab		
Contraindications to PD-1 or PD-L1 inhibitors				
Useful in certain circumstances	 Bevacizumab^b + carboplatin + paclitaxel Bevacizumab^b + (carboplatin or cisplatin) + pemetrexed Carboplatin + (albumin-bound paclitaxel or docetaxel or etoposide or gemcitabine or paclitaxel or pemetrexed) Cisplatin + (docetaxel or etoposide or gemcitabine or paclitaxel or pemetrexed) Cisplatin + (docetaxel or etoposide or gemcitabine or paclitaxel or pemetrexed) Gemcitabine + (docetaxel or vinorelbine) 	 Carboplatin + (albumin-bound paclitaxel or docetaxel or gemcitabine or paclitaxel) Cisplatin + (docetaxel or etoposide or gemcitabine or paclitaxel) Gemcitabine + (docetaxel or vinorelbine) 		

■For patients with good performance status.■Or FDA-approved biosimilar.



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